

*Welcome Back Students, Teachers, and Families*

# The Notre Dame Newsletter: 2019/2020

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## Notre Dame is Pleased to Welcome the Class of 2023 to the Family



On September 5th, Notre Dame High School students, teachers, and staff welcomed the new Freshmen to the school and family. The opening welcome was led by Senior Class President, Ethan Chadbourne.

To view the event, please join us on Instagram @ndhs.batavia



FRESHMEN CLASS: Luke Babcock, Paul Bergman, Connor Boehly, Brandon Carrick, Olivia Constantino, Gino Falletti, James Fanara, Anthony Fiorentino, Maylee Green, Amelia Gutierrez, Ronin Hofmaster, James Hudson, Alyssa Lovannisci, Kaylie Kratz, Jacob Marcello, Autumn Mathisen, Amelia McCulley, Grace Mileham, Maggie Monachino, Brenna Munn, Gregory Narburgh, Rebeka Nickerson, Brilyn Rebisz, Arabella Rogers, Andrea Straub, Connor Thornley, Avelin Tomidy, Aaron Treleaven, Theodore Triftshauser, Sylvia Vickers, Morgan Wahl, Jordan Welker, Justice Yourkowski

# A message from Principal Mr. Bianco



Our proud Principal, Wade Bianco, addresses the Notre Dame Family on Facebook Live, Friday, September 6th. You can click on the photograph above to hear the message he has to share. He, kindly, welcomes the new teachers while thanking the veteran teachers for the smooth transition. Bianco discusses the first couple of days of school and how proud he is to welcome everyone back for a great year. He also gives us updates on the soccer, cross-country, and football teams. Additionally, he mentions a grant that has been awarded to Notre Dame and other valuable information. Make sure you follow on Facebook for more up-to-date announcements.

# Notre Dame Sports' News

## TRANSFER RULE UPDATE

The NYSPHSAA has made a change in the wording of its transfer rule to benefit student-athletes who are not competing for League or Sectional titles. Beginning with the Fall of 2019, transfer students who do not have a corresponding change of address can play **Sub-Varsity (JV or Mod)** even if they played JV or Varsity at their previous school prior to transfer to Notre Dame. ***They still cannot play Varsity for one year.*** Please contact Mike Rapone AD with any questions.

New Wording from NYSPHSAA handbook:

NOTE: Students in grades 7-10, shall be eligible to participate at the sub-varsity level and practice at all levels, while students in grades 11-12 shall be limited to practice (all levels) only. (July 2019). At no time during the one-year period of ineligibility at the varsity level should a student participate in a scrimmage or be an exhibition participant.

## CONCUSSION MANAGEMENT

A reminder that all Notre Dame's athletic teams follow and adhere to the Concussion Management Policy recommended by the NYSPHSAA. Contact Mr. Rapone AD with any questions.



## **NOTRE DAME HS CONCUSSION MANAGEMENT**

### **GUIDELINES AND PROCEDURES**

#### **Education**

Concussion education is provided for all physical education teachers, coaches, school nurses and athletic trainers. Education of parents should be accomplished through preseason meetings for sports and/ or information sheets provided to parents {see [www.ndhsbatavia.com](http://www.ndhsbatavia.com) for NYSED Pamphlet on Concussions}. Education should include, but not be limited to, the definition of concussion, signs and symptoms of concussion, how concussions may occur, why concussions are not detected with CT Scans or MRI's, management of the injury and the protocol for return to school and return to activity or interscholastic athletics. The protocols will cover all students returning to school after suffering a concussion regardless if the accident occurred outside of school or while participating in a school activity.

#### **IMPACT Baseline Testing:**

Notre Dame uses the IMPACT test to establish baselines for all students to be used in concussion management and return to play protocols. Students returning from concussion are retested and the new scores compared to their baseline. The results are used to help determine if they are ready to return.

**Return to Play Protocol following a concussion:**

The following protocol has been established in accordance to the National Federation of State High School Associations and NYSPHSAA for concussion management:

When an athlete shows **ANY** signs or symptoms of a concussion:

1. The athlete will not be allowed to return to play in the current game or practice.
2. The athlete should not be left alone, and regular monitoring for deterioration is essential over the initial few hours following injury.
3. The athlete should be medically evaluated following the injury.
4. Return to play must follow a medically supervised stepwise process.

The cornerstone of proper concussion management is rest until all symptoms resolve and then a graded program of exertion before return to sport. The program is broken down into six steps in **which only one step is covered a day**. The six steps involve the following:

1. No exertional activity until asymptomatic for 24 hours.
2. Light aerobic exercise such as walking or stationary bike, etc. No resistance training.
3. Sport specific exercise such as skating, running, etc. Progressive addition of resistance training may begin.
4. Non-contact training/skill drills.
5. Full contact training in practice setting.
6. Return to play.

If any concussion symptoms recur, the athlete should drop back to the previous level and try to progress after 24 hours of rest. The student-athlete should also be monitored for recurrence of symptoms due to mental exertion, such as reading, working on a computer, or taking a test.

**More Information:**

Contact the Athletic Director if you need more information.

**NOTRE DAME INSTITUTES MORE STRINGENT  
SPORTSMANSHIP POLICY**

ND's athletic department has instituted a more stringent policy regarding game Disqualifications and Unsportsmanlike penalties. Starting this Fall, any athlete (or coach) that is disqualified from a contest will sit out the Section & NYSPHSAA mandated game as well as an additional game tacked on by ND. Also any athlete assessed an Unsportsmanlike Conduct Penalty will be removed from the game for one quarter. The only exceptions are in football; they will sit an additional half, not an entire game due to the number of contests (7) in relationship to other sports (16 to 20), and Soccer will sit 8 minutes on Unsportsmanlike Penalties since they play halves. These exceptions are to be fair to all athletes. There is an appeal process which begins by contacting the Athletic Office.



The purpose of this change is to motivate our athletes to conduct themselves in a manner that reflects positively on them, their families, and our school. We have seen an alarming increase in the number of disqualifications and hope this motivates our student-athletes (and coaches) to keep their emotions in check as well as conduct themselves in a more Sportsmanlike manner.

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### **Yearbook News**

Our yearbook members are currently working on the 2020 edition of the *Mater Dei*. If you have any pictures from sporting events or other school activities that you would like to submit, please email them to Miss Bodine.

You will be receiving mailings and possibly emails from Jostens inviting you to purchase a yearbook. These sales are done online, making it convenient for you to pay with a credit card if you prefer. The cost is \$55 per book, and we encourage you to place your order by mid-January as our final numbers are submitted by February 1st. Please watch for the Jostens mailing or go to [www.jostensyearbooks.com](http://www.jostensyearbooks.com) to place your order.



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### **English Department News**

The English Department would like to welcome Mrs. Wessel, our new English 10, English 11, and AP Literature and Composition teacher. Mrs. Wessel comes to us with experience teaching at the college level, and she will be instrumental in preparing our students for their future university and career paths. Welcome, Mrs. Wessel!

Miss Bodine and Mrs. Wessel look forward to a new year of introducing students to more literature and enhancing grammar, speaking, listening, reading, and writing skills.

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### **Newsletter News**


Mrs. Wessel will be heading up the Notre Dame Newsletter this year. Any students who would like to submit a story or be part of the planning, please see her in room 208 or email [sarah.wessel@ndhsbatavia.com](mailto:sarah.wessel@ndhsbatavia.com).

This is a great opportunity to share stories from the students' perspective and get some extra writing experience.



## 2019-2020 Snapshot of Notre Dame

 **A faith-based school in which the learning environment is physically and emotionally safe**

 **Academic Excellence**

#1 school in the tri-county region for 15 consecutive years

100% graduation rate

Ranked Top 10 in Western NY for Math and Science

 **Small school with large school opportunities**


18 Interscholastic sports teams


Band, Chorus, Art and Award winning Drama program


Award winning Environthon and DECA Program

23 extracurricular clubs


Senior class trip and grade specific retreats


 **Senior class (42 students) earned 4.6 million in scholarships**


 **Seniors graduate with an average of 15 college credits completed**


 **Exemplar scholarship (\$2000) per year for new students with a 90%+ GPA**

Honor Scholarship (\$1500) per year per for new students 85%+GPA

 **Financial aid and scholarships awarded to over 70% of our students, making the Notre Dame High School experience affordable to all**

 **Diverse student population in regards to race, religion, and learning readiness**

 **Full-time, dual certified Special Education teacher on staff to support all students with learning needs (IEP's, 504's, etc.)**

 **Strong commitment to our school by our alumnae and friends. We raised over 4 million dollars in our recent "Faith in the Future" Capital Campaign initiative**

 **Major facility upgrades throughout the campus**

Roof

Boiler

Entrance Way

First Floor Classrooms

Grotto

Gym

Lockers

Stage

Computer infrastructure and hardware


Boy's and Girl's Locker Rooms

Fitness Center

Cafeteria

Hallways

Upgrades to Security and Surveillance Equipment

 **Accessible to students from 21 school districts in the GLOW Region and portions of Monroe County**

**Notre Dame High School**  
*“Be a Part of Something Special”*



- Are you a Genesee, Livingston, Orleans, Erie, or Wyoming County resident in grades 9-12?
- Is your cumulative GPA 85 or above?
- Are you participating in multiple extracurricular activities (band, chorus, athletics, theatre, etc?)
- Do you want to attend a small school with large school opportunities?
- Do you want to be in a learning environment that is physically and emotionally safe?
- If you answered “yes,” and are entering Notre Dame as a first time student in 2019, then you are eligible for our academic scholarship!
  - “Exemplar” Scholarship = 90 average and above (\$2,000) per year
  - “Honors” Scholarship = 85-89 average (\$1,500) per year
- The Exemplar and Honors Scholarships may be used in conjunction with need-based aid when applicable.

*“Discover the Difference”*  
**Schedule a shadow day by calling 585-343-2783**

## New Faculty Join the Family



Kristin Smith has a passion for motivating students to explore their creative talent, while guiding them with lessons that allow them to express their thoughts and ideas in a safe, instructive environment. She has a Bachelor's Degree in Art Education from Buffalo State College and comes to Notre Dame after teaching in several local school districts, including Oakfield, Elba, Akron, and Alden. She has served as a long-term substitute for Art at Notre Dame this past year, and we are so excited to have her here permanently - Welcome, Mrs. Smith!



Sarah Wessel brings vast experience in many aspects of education and communication to the English Department of Notre Dame High School. She holds a Master's Degree in Instruction and Curriculum and English Language Arts from the University of Phoenix and has worked as an Adjunct Professor for Onondaga, Monroe, and Genesee Community Colleges and University of Maryland Global Campus. We are so excited for her addition to our English Department - Welcome Mrs. Wessel!



Notre Dame is pleased to announce our new Music Education Teacher, Mr. Joseph Condoluci. Mr. Condoluci is a graduate of Robert's Wesleyan College, holding a Bachelor's of Science in Music Education and holds his NY State Certification in Instrumental Music. He has extensive experience teaching high school music education, and we are thrilled to have him join our family. Joseph also acts as the Marching and Music Technician for the Albion High School Marching Band as well as being a frequent performer for Roberts Wesleyan College. Welcome, Mr. Condoluci!!



Notre Dame is pleased to announce the hiring of Sam Benzakein, who will be joining our staff as the High School Physics teacher. Sam is a graduate of The State University at Geneseo having been awarded a Bachelors of Arts in Physics. A native of West Islip, NY, Sam has experience teaching Physics, Living Environment, and General Science as well as Long Island summer science camps. Welcome, Mr. Banzakein!!

# **ATTENTION NOTRE DAME SENIORS**

## College Application Timeline: 12th Grade

(College Board Recommendations)

*Fall 2019*

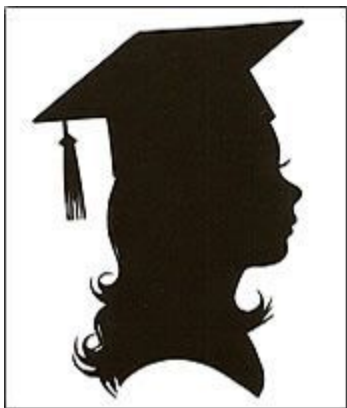


- **Narrow your list of colleges to between five and 10.** Meet with your Adviser (**Mrs. Calarco-Gomez**) about your college choices, and if you haven't done so yet, download college applications and financial aid forms. Plan to visit as many of these colleges as possible.
- **Create a master list or calendar that includes:**
  - Tests you'll take and their fees, dates, and registration deadlines
  - College application due dates
  - Required financial aid application forms and their deadlines (aid applications may be due before college applications)
  - Other materials you'll need (recommendations, transcripts, etc.)
  - Your high school's application processing deadlines
- **Ask your Adviser** to help you request a fee waiver if you can't afford application or test fees.
- **Take the SAT® one more time:** Many seniors retake the SAT in the fall. Additional course work since your last test could help you boost your performance. Plus, you already know what to expect on test day.
- **Be sure** to have your SAT scores sent to the colleges you're applying to.
- **Complete the Free Application for Federal Student Aid (FAFSA):** To apply for most financial aid, you'll need to complete the FAFSA. Oct. 1 is the first day you can file the FAFSA.
- **Prepare early decision/early action or rolling admission applications** as soon as possible. Colleges may require test scores and applications between Nov. 1 and Nov. 15 for early decision admission.
- **Ask a counselor or teacher for recommendations** if you need them. Give each teacher or counselor an outline of your academic record and your extracurricular activities. For each recommendation, provide a stamped, addressed envelope and any college forms required.
- **Write first drafts** and ask teachers and others to read them if you're submitting essays. If you're applying for early decision, finish the essays for that application now.
- **Complete** all college applications by Thanksgiving.
- **Complete the transcript request form for you Adviser** to send your transcripts to colleges. Give your Adviser the proper forms at least two weeks before the colleges require them.

*Winter 2019/2020*

- **Keep photocopies** as you finish and send your applications and essays.
- **Have your high school send a transcript** — it is sent separately by mail to colleges if you apply online to colleges.
- **Give the correct form to your Adviser** if the college wants to see second-semester grades.

*Spring 2020*



**Keep active in school. If you are wait listed**, the college will want to know what you have accomplished between the time you applied and the time you learned of its decision.

**Visit your final college before accepting**. You should receive acceptance letters and financial aid offers by mid-April. Notify your counselor of your choice. If you have questions about housing offers, talk to your admissions counselor or call the college.

**Inform every college** of your acceptance or rejection of the offer of admission and/or financial aid by May 1. Colleges cannot require your deposit or your commitment to attend before May 1. Talk to your

counselor or adviser if you have questions.

- **Send your deposit** to one college only.
- **Take any AP® Exams**. Show what you've learned in your AP classes. A successful score could even earn you credit, advanced placement, or both, in college.
- **Waitlisted by a college?** If you intend to enroll if you are accepted, tell the admission director your intent and ask how to strengthen your application. Need financial aid? Ask whether funds will be available if you're accepted.
- **Work with an Admissions Counselor** to resolve any admission or financial aid problems.
- **Ask Advisement Office** to send a final transcript to your college.
- **Review your financial aid awards**: Not all financial aid awards are the same, so it's important to choose the aid package that's best for you and your family. Be sure to note what you have to do to continue receiving financial aid from year to year, and how your aid might change in future years.

